

Dear Spouse,

Over the past few years we've listened to your feedback about what you'd like from the LTC 100 spouse program and I'm happy to announce we've made many enhancements.

We've added new events and are also improving our ability to communicate directly with you.

I'm excited about this year's program and hope you enjoy it. There are activities specifically for spouses-only, as well as plenty of time to spend with your 'better half'.

To make LTC 100 better than ever, I'd like to hear from you! If you haven't already, please send me your email address to stay up-to-date.

Please feel free to contact me with any questions or feedback.

I look forward to seeing you in May!

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Spouse Program

Experience the unique charm of Key Biscayne and Miami with some fun and relaxation. Space is limited for some activities so register soon!

▶▶▶ SATURDAY, MAY 1

5:15 – 7:00 p.m.
Early Arrivals' Reception

▶▶▶ SUNDAY, MAY 2

6:00 – 6:30 a.m.
Lighthouse 8K Run

8:30 – 11:30 a.m.
Art Deco Tour (Spouses Only)



From the vernacular detail of the 1915 Brown's Hotel, to the Retro Deco design of Loews Hotel and contemporary lines of the Publix Market,

Miami Beach has always told its story through its buildings – a story of a glamorous past and current revitalization. Smooth stucco, terrazzo floors, nautical motifs and neon lights are all evidence of a city that combines old materials with creative design to construct seaside marvels.

11:30 a.m. – 4:30 p.m.
Recreation

See page 11 for recreation details

11:30 a.m. – 3:00 p.m. Beach BBQ
12:30 – 4:30 p.m. Kayak Tour
12:30 – 4:30 p.m. Everglades Experience

6:30 – 9:00 p.m.
Opening Reception & Dinner

▶▶▶ MONDAY, MAY 3

8:00 – 9:00 a.m.
Spouse Kickboxing or Tai Chi

9:00 – 10:00 a.m.
Spouse Breakfast

Get to know other spouses during this casual breakfast.

12:15 – 6:00 p.m.

Recreation

See page 11 for recreation details

12:30 – 6:00 p.m. Golf Tournament
12:30 – 4:00 p.m. Afternoon at the Beach
12:45 – 5:00 p.m. Celebrity Home Yacht Cruise
12:45 – 5:00 p.m. Sailing Regatta
1:00 – 5:00 p.m. Key Biscayne Heritage Bike Tour

6:30 – 10:30 p.m.
Havana Noches

Reception, dinner and entertainment.

▶▶▶ TUESDAY, MAY 4

8:00 – 9:00 a.m.
Spouse Pilates or Yoga

9:00 – 10:30 a.m.
Breakfast & Book Club

Book Club: *Henry's Sisters* by Cathy Lamb



Henry's Sisters reunites three sisters at the childhood home they've tried to leave behind. It's a novel about family and forgiveness, about mothers and daughters, and about gaining the wisdom to look ahead while still holding tight to the important things in life.

10:30 – 11:15 a.m.
Spouse Board Meeting

Would you like to help plan our 2011 spouse program? Join us to start developing our next annual event.

11:15 a.m. – 12:15 p.m.
Closing Keynote Session

Developing Relationship Savvy Using Your EQ Not Your IQ

Dr. J.P. Pawliw-Fry will use cutting-edge research and personal stories from the worlds of business and sports to explore Emotional Intelligence and its impact on your career and personal life. See page 9 for more details.